

Mental Health Resources



1 Sexual Violence and Relationship Abuse Support

- 24/7 Help is available
- RAINN (Rape, Abuse and Incest National Network)- rainn.org
- 1-800-656-4673 (HOPE)
- A text chat is also available. Visit online.rainn.org to chat with a support specialist
- National Domestic Violence Hotline:
- Text START to 88788 or call 1-800-799-SAFE(7233), or chat online at TheHotline.org

Mental Health and Well-Being

- 24/7 Help is available
- TrevorLifeline: The Trevor Project's free and confidential phone support for LGBTQ youth is available 24/7. Call 1-866-488-7386



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3 Suicide and Crisis Lifeline

- 24/7 Help is available
- Call or text 988 or chat 988lifeline.org



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4 Greater Cincinnati Behavioral Health (adults)

- Therapy/case management/psychiatry
- Walk in hours
M-F 8:30 -12 1501 Madison Rd 45206
- General questions: 513-354-5200
- Counseling only 513-345-8555



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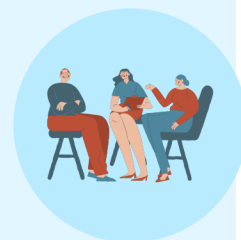


5 Best Point

- Mental Health for children and families
- Intake line 513-272-2800
- info@bestpoint.org

6 513-281-CARE (Talbert House)

- 513-281-CARE is a 24-hour telephone crisis intervention service for suicide prevention, psychological crises, marital and relationship conflicts, bereavement, loss



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7 UC Mobile Crises (adults or children)

- 513-584-5098
- Assess the nature of the crisis
- Work to calm and diffuse the situation (if possible)
- Help solve any immediate conflicts
- Provide brief supportive treatment
- Arrange for further treatment



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8 DVERT – Women Helping Women

- Call or TEXT 24/7 381-5610
- DVERT™ (Domestic Violence Enhanced Response Team) is a trauma focused crisis response team that provides an on-call, on-scene response to domestic violence
- DVERT™ provides on-scene safety planning, access to resources, empowerment, and engagement in on-going support services



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